



# CLEANING SCHEDULE FOR STAY AT HOME MOMS

## WEEKLY PLANNER

MONTH OF:

### MONDAY KITCHEN FOCUS

- Deep clean countertops and backsplash
- Clean microwave or stovetop
- Wipe down fridge shelves
- Sweep & mop floors

### TUESDAY BATHROOMS

- Scrub showers and tubs
- Wash bath mats
- Clean toilets and sinks
- Wipe mirrors and glass surfaces

### WEDNESDAY BEDROOMS

- Change bed linens
- Dust furniture
- Vacuum carpets or sweep floors
- Organize closets or drawers

### THURSDAY LIVING AREAS

- Dust shelves and electronics
- Vacuum or sweep floors
- Wipe down coffee tables and side tables
- Fluff and straighten cushions

### FRIDAY CATCH-UP DAY

- Finish any tasks missed earlier in the week

### SATURDAY OUTDOOR

- Sweep porch or patio
- Tidy garden tools
- Clean windows where needed
- Wash outdoor cushions

### SUNDAY LIGHT MAINTENANCE

- Light cleaning like wiping counters or a quick vacuum to prepare for the week

## DAILY AND MONTHLY PLANNER

### DAILY TASKS

- Make the Beds
- Wipe Down Kitchen Counters
- Do the Dishes / Load Dishwasher
- Tidy Up Living Areas
- Laundry (1 load)
- Wipe Down Bathroom Sinks

### MONTHLY TASKS

- Week 1  
Clean Windows
- Week 2  
Deep Clean the Bathrooms
- Week 3  
Wipe Down Appliances
- Week 4  
Declutter and Organise

